

**The Dance Establishment  
2017-2018 Studio Schedule**

**Gold's Gym Studio 1**

<b>Monday</b>
4:00 - 5:30 JP/Senior Plus Ballet
5:30 - 7:00 Teen Plus/Sr/Teen Co Ballet
7:00 - 7:45 Tn Plus/Sr Plus/JP Progressions
7:45 - 8:30 Sr Plus/JP Combo
8:30 - 9:30 Jazz Plus Rehearsal
<b>Tuesday</b>
4:00 - 6:00 8-9 Yr Combo
6:00 - 8:00 10-13 Yr Combo
8:00 - 9:00 Beg Adult Tap
8:30 - 9:30 Int Adult Tap
<b>Wednesday</b>
3:30 - 4:15 Tiny's
4:15 - 5:15 Mini's
5:15 - 6:45 Jr Plus Rehearsal
6:45 - 7:45 Pre-Teen Co Ballet
7:45 - 8:45 Pre-Teen Co Rehearsal
<b>Thursday</b>
9:00 - 9:45 3 Yr T & B
9:45 - 10:30 4-5 Yr T & B
3:30 - 5:00 Toe A & B
5:00 - 7:00 Jazz Plus Rehearsal
7:00 - 9:30 14 & Up Combo/High School Co

**Gold's Gym Studio 2**

<b>Monday</b>
4:00 - 5:30 Tn Plus/Teen Co Stretch/Strengthen
5:30 - 7:00 Sr Plus/Jazz Plus Stretch/Strengthen
7:00 - 7:45 Teen Co Rehearsal
7:45 - 8:30 Teen Plus Rehearsal
8:30 - 9:30 Senior Plus Rehearsal
<b>Tuesday</b>
3:15 - 4:00 3/4 Yr T & B
4:00 - 4:45 5 Yr T & B
4:45 - 5:45 6 Yr T & B
5:45 - 7:15 7 Yr Combo
7:15 - 8:15 Adult Jazz
<b>Wednesday</b>
4:15 - 5:15 Jr Plus Technique
5:15 - 7:15 Jr Company Technique/Rehearsal
7:15 - 8:00 Beg Hip Hop
8:00 - 8:45 Int Hip Hop
<b>Thursday</b>
4:00 - 5:00 Pre-Pointe
5:00 - 7:30 Pre-Teen Plus Technique/Rehearsal
7:30 - 9:00 JP/ High School Co Rehearsal

**Plain City Studio 1**

<b>Monday</b>
4:00 - 4:45 Tiny's
4:45 - 5:15 Tiny's Tumbling - st 3
5:15 - 6:15 Mini's Tumbling - st 3
4:45 - 5:45 Pre-Teen Co Technique
5:45 - 6:45 Pre-Teen Co Rehearsal
<b>Tuesday</b>
4:00 - 5:00 Cheer 8-11 Yr
5:00 - 6:00 Cheer Prep Try-Out 12 & Up
6:00 - 6:45 Beg Hip Hop
6:45 - 7:30 Int Hip Hop
<b>Wednesday</b>
3:30 - 5:00 7 Yr Combo
5:00 - 5:45 3 Yr T & B
5:45 - 6:30 4 Yr T & B
6:30 - 7:15 5 Yr T & B
7:15 - 8:15 Acro (by level)
8:15 - 9:15 Acro (by level)
<b>Thursday</b>
4:15 - 6:00 Jr Company
6:00 - 7:00 Teen Co Technique
7:00 - 9:00 Teen Co Rehearsal

**Plain City Studio 2**

<b>Monday</b>
4:00 - 5:00 Mini's
5:00 - 6:15 Jr Plus Rehearsal
6:15 - 7:15 Jr Plus/Pre-Teen Plus Ballet
7:15 - 8:30 Pre-Teen Plus Rehearsal
<b>Tuesday</b>
4:15 - 5:45 Comp Tumbling
5:45 - 7:15 Comp Tumbling
7:15 - 8:45 Comp Tumbling
<b>Wednesday</b>
3:15 - 4:15 6 Yr T & B
4:15 - 6:15 10-13 Yr Combo
6:15 - 8:15 8-9 Yr Combo
<b>Thursday</b>
3:30 - 5:00 Pre-Toe/Toe A
5:00 - 6:30 Teen Plus Rehearsal
6:30 - 7:30 Tn Plus/Sr Plus Techinque
7:30 - 8:45 Senior Plus Rehearsal

This schedule is subject to change.